

From a giant yoghurt tub...

THEY say yoghurt is good for you and there will certainly be enough to go around when the biggest tub of yoghurt is unveiled at Canal Walk on Saturday (30 January).

Fair Cape Dairies, manufacturer of Fair Cape Free Range Rooibos yoghurt and

Checkers will attempt to set a new Guinness World Record for the biggest tub of yoghurt. The unveiling will take place at 12:00 at Canal Walk's Central Court.

The day promises an exciting programme with celebrities such as 2009 Idols winner

Sasha-Lee Davids entertaining the crowd before the unveiling of the massive tub of yoghurt.

Lucky prize draws will take place and in exchange for a donation of any value to the Canal Walk Foundation, members of the public can savour a cup of this delicious yoghurt filled from the giant yoghurt tub.

For more information go to www.canal-walk.co.za or e-mail joel@faircape.com.